

# **CURRICULUM VITAE**

DR. ALICE A. ANIKA (PhD)

B.Ed. (KU), M. Ed (KU) PhD (KU)

SENIOR ASSISTANT REGISTRAR (ADMINISTRATION FINANACE & PLANNING) LECTURER -DEPARTMENT OF EDUCATIONAL PSYCHOLOGY. PWANI UNIVERSITY, P.O BOX 195, POST CODE; 80108, KILIFI, KENYA. MOBILE NO +254 723 209 205. OFFICE TEL NO +254 417522/059, landline - 041 7525101/3/4/6/7 EXT 445. Emails: a.anika@pu.ac.ke

#### PERSONAL DETAILS

Gender: Female Religion: Christian Nationality: Kenyan

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#### **CAREER OBJECTIVE**

To uphold integrity, competence and efficiency in research, training and service delivery which can enhance objective relationships for organizations common goals and individual development.

#### ACADEMIC QUALIFICATIONS

- Kenyatta University, (Nairobi, Kenya) 2015, PhD, Educational Psychology
- Kenyatta University (Nairobi, Kenya) 2004, M.Ed. Educational Psychology.
- Kenyatta University (Nairobi, Kenya), 1986 B.Ed. (Arts)
- Asumbi Girls High School A' Levels (KACE) 1985, (KCSE)1983
- Maseno Girls Boarding Primary School KCPE, 1979.

#### PROFESSIONALS AND MANAGEMENT POSITIONS

- 2017 Senior Assistant Registrar (AF&P) Pwani University
- 2010-2016 Aids Control Unit Coordinator Pwani University
- 2012-2014 Field Attachment Coordinator -School of Education,
- 2012- 2015- Lecturer Educational Psychology and Special Needs Department
- 2009-2015 Assistant Lecturer Pwani University
- 2010 -2017- Coordinator Pwani University Students Peer Educators Club
- 2014-2017 Coordinator Pwani University Students Peace Unit Club
- 2014-2016 Member of the Board Psychologist and counselling Association of Kenya.
- 2005 -2009 -Assistant Lecturer Mombasa Polytechnic.

- 2000- 2004 Tutor Shanzu TTC.
- 1999- 2000- Classroom Teacher Coast Girls High School
- 1990-1998 Classroom teacher Moi Forces Academy –Lanet

#### LECTURE EXPERIENCES

- Full time Lecturer Pwani University 2009-2017: Teaching units—Educational psychology, human growth development and learning, adolescence and adult psychology, social psychology, guidance and counselling in secondary schools, social interaction in early childhood, prenatal and infancy, research methods, test measurement and evaluation in early childhood, practicums in early childhood, teaching practice supervision and attachments and Post Graduate Thesis supervisor
- Full time lecturing Mombasa Polytechnic; 2005-2009 Guidance and counselling, Community development and counselling, skills, human and management. Communication resource organization behaviour, elements of management and management consultancy and research methods and Project supervision.
- Part time teaching; Kenyatta University –Mombasa Campus, 2006-2010 (teaching introduction to general psychology, educational psychology, human growth and development, guidance and counselling, personality disorder, psychology of politics, environmental psychology, criminal psychology, social psychology, research methods, test, measurement and evaluation, motivations and emotions)
- Kenyatta University (KENSIP Programme) 2004-2006- Agakhan Foundations (teaching; learning theories, personality dynamism, group dynamics, language learning and theory, human learning, Guidance and counselling, teacher education,)
- Kenya Methodist University Mombasa Campus, 2007-2009- (teaching-counselling psychology, educational psychology, behaviour disorder, test and measurement, psychometric techniques, personality disorder, human learning, cognitive and mental processes, emotions and motivations, childhood disorders in learning, adolescences and adult psychology)
- Digital Learning Centre (DALC) University. 2005-2006 (teaching psychology, guidance and counselling, communication skills, business language)
- Nairobi University Extra Mural Centre- 2006 -2007. (Teaching -Psychology and counselling)

#### PROFESSIONAL TRAINING DEVELOPMENT

- Higher Diploma HIV/AIDS & Gender Management Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) 2011 – 2012
- **Higher Diploma in Counselling Studies**; Kenya Association of Professional Counsellors (KAPC)- 2006 -2007
- **Diploma in Education, Humanities and social sciences**, Kisii University College 1988-1990
- **Diploma, Developmental Studies and Education**; Catholic University of Eastern Africa, 1998-1999
- Certificate in Counselling Studies; Kenya Association of Professional Counsellors (KAPC)- 2004- 2005
- Training of Trainers (TOT/TOF) HIV & AIDS Mainstreaming into the Universities curriculum, Jan 2010. Commission for Higher Education (CHE).
- VCT Training for counsellors –NASCOP and Ministry of Health Policy Implementation 2004 at Portriz Hospital Mombasa.
- VCT New Logarithm in HIV testing and management; Ministry of Health and Funzo Kenya -Training for health providers (Kwale, Kilifi, Malindi and Taita regions) 2016.
- Applied counselling skills and therapy cantered approach; Kenya African institute of Professional Counselling (KAIPC) -April 2014
- Trainer of Trainers (TOT)- HIV/AIDS & Alcohol and drug abuse prevention; -National Authority for the Campaign Against Alcohol and Drug Abuse (NACADA) training May, 2015
- **Research Proposal Writing**; African Women in Agricultural Research and Development (AWARD), Jan 2016
- **Gender and HIV/AIDS mainstreaming** into the University curriculum, NUFFIC project in collaboration with Pwani University; training. August 2016
- Research and Proposal writing; Kenya scholars Association in collaboration with German Academic Exchange Service (DAAD) Training 2011
- Counselling skills Amani Counselling Centre, 2006 (Nairobi, Kenya)

#### PUBLICATIONS OF JOURNAL PAPERS

- Knowledge level on HIV and AIDS; A baseline survey study among Pwani University staff; International journal of scientific and research publication (IJSRP), Volume 6, Issue 6, June 2016 Edition [ISSN 2250-3153] Anika A, Kiti, L. A, & Othoche, B. (2016).
- Voluntary Counselling and Testing Seeking Behaviours among public University
   Students Coast Region Kenya. International Journal of Education and Psychological

  Research (IJEPR) Anika, A. A. (2016). <a href="http://ijepr.org/doc/V5\_Is3\_Sep16/ij21.pdf">http://ijepr.org/doc/V5\_Is3\_Sep16/ij21.pdf</a>.
- Stigma and discrimination- HIV and AIDS Context (A case of University community) *International journal of scientific and research publication* (IJSRP) Volume 6, Issue 8, August 2016 Edition Link; http://www.ijsrp.org/research-paper-0816.php? rp=P565688 Anika, (2016)
- Emotional Intelligence and Self-Concealment as Predictors of Voluntary Counseling Seeking Behavior International Journal of Science and Research (IJSR) ISSN (Online); 2319-7064. Index Copernicus Value (2015); 78.961 Impact Factor (2015); 6.391 Anika, A. A (2016).
- HIV, AIDS, Alcohol and drug abuse Module for online blended learning course; Pwani University. http://41.204.161.139/elearning Anika A & Chyalo I. (2016).
- Psycho- social development in relation to other developmental domains of preschoolers, Kilifi-Kenya – *International Journal of Education and Psychological Research (IJEPR)* Vol. 5 Issue 2 June 2016 Serial No. 26. Anika, A. A (2016).
- Voluntary Counselling and Testing Seeking Behaviours among Public University Students Coast Region –Kenya. - International Journal of Education and Psychological Research (IJEPR) Vol 5 Issue 3 Sept 2016 Serial No 22 Anika, A. A (2016).
- Income and spending behaviours in relation to social life and living conditions among Kenyan University students. IOSR - JHSS Journals. <a href="http://www.iosrjournals.org/iosr-jhss/pages/22(2)Version-2.html">http://www.iosrjournals.org/iosr-jhss/pages/22(2)Version-2.html</a> Kiti L. A & Anika, A. (2016).
- Knowledge Level On Hiv/Aids: A Case Study On Students Perception and Sexuality Among University Students Community. Article · February 2017, DOI: 10.9790/0837-2202026779\_. Anika, A.& Kiti L.A. (2016).
- Emotional intelligence and self-concealment as predictors of voluntary-counseling and testing seeking-behavior among public university students in Kilifi and Mombasa Counties, Kenya; Oromo, Achieng Alice. *URI: http://irlibrary.ku.ac.ke/handle/123456789/14282.Date: 2015-09.*

- Behavior Change strategies outcome in HIV and AIDS prevention and control at Pwani University - a anika - 2014 - elibrary.pu.ac.ke
- Rationale for Integrating HIV and AIDS into University Curricularelibrary.pu.ac.ke. Anika A. (2014).
- Behavior change strategies outcome in HIV and AIDS prevention and control at Pwani University. *elibrary.pu.ac.ke. Anika A. (2013)*.
- Report on the review meeting for the committee trained on basic guidance and Counseling Programme in some selected primary ... elibrary.pu.ac.ke Anika A. (2014).

### BOOK PUBLICATION AND CHAPTERS CONTRIBUTIONS

- **Health Book** on Emotional Intelligence and Self-Concealment in VCT Seeking Behavior Psychology LAP LAMBERT Academic Publishing (2015-11-13) ISBN-13: 978-3-659-79909-9. Anika, A. (2016).
- Chapter Contributions; The Mapping of Early Childhood Education in East Africa- The ecological environment of the Psycho-social development for preschoolers- Kilifi County, Kenya. Funded by the Agakhan University- Institute of Educational development of Eastern Africa—Daraasa-lam (Prof Mariot Ngwaru—specialist in Literacy, Associate Prof Mary Olugha—Specialist in teacher education Dr. Alice Anika—Specialist in Educational Psychology.

### PUBLICATIONS OF MODULES FOR OPEN LEARNING

 HIV/AIDS, alcohol and drug abuse prevention. Online blended learning Pwani University. Anika, A & Chyalo I. (2016) Module —link http://41.204.161.139/elearning/

#### PROJECT GRANTS WORN ON YOUTH REPRODUCTIVE HEALTH

- Commission of higher Education (CUE) through UNESCO; KSH 300,000
- Association of African Universities Associations (AAUA); research funds on HIV and AIDS mainstreaming into the University Curriculum. KSH 300,000. Conference at Serena Beach Hotel, papers presented by Pwani University staffs; Rationale for Integrating HIV and AIDS into University Curricularelibrary.pu.ac.ke. Anika A. (2014).
- World Bank and the National AIDS Control Council (NACC)—for HIV and AIDS Prevention and control programme; KSH 3M. Conference paper presentation on;

Behavior change strategies outcome in HIV and AIDS prevention and control at Pwani University. elibrary.pu.ac.ke. Anika A. (2013).

• Path Finders – Adolescence/ Youth Reproductive Health with reference specifically to HIV/AIDS, FP, MNHC, STIs and TB 5M yet to run for three years with specific year funding each at 6M.

### PROFESSIONAL ASSOCIATIONS AND COMMUNITY INVOLVEMENT

- Member of the Kenya Red Cross Societies Kenya
- Board member of the Kenya Guidance, Counselling and Psychology Association -Kenya
- Member of the Kenya Association of professional counsellors
- Vice chair person The Kenya Universities Professional Counsellors Associations.
- Member of the Young Christen Women Fellowship Associations
- Member of the A.C.K Mothers Union Church Kenya St peters Nyali.
- Committee member of Gender, HIV/AIDS and Disability, mainstreaming, Pwani University
- Committee member of HIV/AIDS, alcohol and drug abuse mainstreaming, Pwani University
- Committee member of Disability, mainstreaming, Pwani University

## UNIVERSITY- DEPARTMENTAL AND SCHOOL PARTICIPATION

- Supervision of Post Graduate students in thesis writing
- Attendance of student's thesis defence presentations
- Development and review of curriculum in the department
- Teaching and learning of course units
- Setting, moderating, marking and submission of results
- Mentorship of students
- Staff welfare involvement
- Supervision of Bachelor of education (B.Ed.) students in teaching practice
- Attendance of senate meetings
- Attendance of School board and departmental meetings
- Overseeing the implementation of the funded projects
- Professional consultancies on Adolescence and Youth Reproductive Health
- Facilitations skills with a wide variety of audience especially community groups
- Adult training on HIV and AIDS, psychological and behaviour modification strategies in both primary and secondary schools
- Attendance of relevant workshops/conferences
- Coordinate mentorship programmes

# Referees

1) Prof Mwakio Tole
 DVC Administration Finance and Planning
 Pwani University
 P. 0. Box 195
 Kilifi –Kenya

2) Mr Juma Mwachihi Registrar Administration Finance and Planning Pwani University Kilifi -Kenya

3) Prof James Kahindi DVC Academic and student's affairs Pwani University Kilifi-Kenya